PRINCIPAL’S REPORT

EDUCATION WEEK 2019
5 – 9 August
Every Student, Every Voice

Next week NSW Public School’s celebrate Education Week. The theme for Education Week 2019 is ‘Every Student, Every Voice.’

Education Week will give everyone a great opportunity to visit our school to talk with our teachers, to look at great learning in practice and celebrate all there is about public education.

Please join us on Thursday 8th August at the Wagga Marketplace at 11.00am to enjoy the talents of our performance groups. They will perform outside Big W. Seating and standing spaces are limited so it is worth getting there a little early.

On Friday 9th August we will be holding our school Open Day. Parents and friends are invited to join us for a sausage sizzle lunch. After lunch, we will be holding a special assembly to showcase our performance groups—choirs and dance groups. After this, you are welcome to visit with your children’s class and join in the activities they have planned.

WE HOPE YOU CAN JOIN US

ADVANCE NOTICE

Our 2019 Book Character Parade will be on Friday 23rd August at 9.15am. We invite all children to come dressed as their favourite book character or superhero.
Mindfulness in the Classroom

We know that to really make a positive impact on children’s mental health, we need to provide them with skills that can be used throughout their lives. If we tune in to our body and our mind through mindfulness and meditation, we can improve our learning. The Smiling Mind Education Programs are mapped to the curriculum and designed to support educators to bring mindfulness into the classroom.

The Smiling Mind Education Program offers mental health and wellbeing tools designed for primary and secondary aged children. It has been successfully implemented in a wide variety of government and non-government schools with positive results in classes of all sizes, backgrounds, locations and ages.

The Smiling Mind Education Program has been proven to help students with sleep, wellbeing, managing emotions, concentration and school behaviour including reductions in bullying. The program also assists with:

- stress management,
- increased resilience,
- increased creativity,
- better decision making, and
- a sense of calm, clarity and contentment.

Research has shown that involving the whole community – teachers, parents and students – is the most effective way to gain the long-lasting benefits of mindfulness. At WWPS, we will be using the Smiling Mind program to enrich the learning and wellbeing programs we already offer. This highly effective program will support us in building our culture of caring, compassionate, and mature students, and provide us with the further skills and resources needed for an optimal learning environment. To find out more or to try some mindfulness for yourself, go to: SmilingMind.com.au or install the Smiling Mind app.

SRC ASSEMBLY

Parents of our Semester 2 SRC representatives are invited to attend our special assembly on Wednesday 14th August at 2.15pm for the presentation of their badges.

PAYMENT REMINDERS:

- Stage 3 Canberra Excursion
- Stage 2 Borambola Excursion
- Stage 3 sport
- The Crow 2019

Feeling Overwhelmed by Parenting? Remember G.R.A.T.E.

Gratitude Remember that gratitude is a go-to practice in difficult moments — not just when something momentous and good has happened or we want to feel warm and fuzzy.

Realize that you’re in a negative headspace — this is the first and crucial step toward an attitude adjustment.

Appreciate Find something to appreciate: a breath of fresh air, a working toilet — anything that strikes you as worthy of recognition.

Thanks Send a mental or verbal shout-out to someone who has helped you — a family member, a friend, a stranger who held the door.

Enjoy the moment of peace and calm — it won’t be long before your kids give you another opportunity to practice gratitude. Again.

Have a great week.

Leanne
KH NEWSBITS

KH have had a brilliant start to Term 3 and have settled fabulously back into class and school routines. We have spent the week sharing stories about our holidays, persevering with challenging tasks and creating amazing artworks.

Here is just a snapshot of some of the things we have been up to...
Due to their size, they are not available for borrowing but please feel free to have a closer look at these beautiful books in the library.

**Don’t forget:**

Character Book Parade, **Friday, August 23 @9.15am**! Start thinking about and organising your costumes. This year’s theme: *Reading is my Super Power!*

I am looking forward to once again seeing all the amazing costumes!

Regards  
*Mrs Allen*  
(Librarian)

### 100 DAYS OF SCHOOL

**Wednesday, 24**<sup>th</sup> **of July** marked the 100<sup>th</sup> **day** of school for the 2019 cohort of Kindergarten students. Our day was filled with exciting activities involving the number 100, including counting collections, writing about what we might be doing when we are 100 years old and performing 100 exercises. Congratulations to all students on reaching this milestone, we look forward to seeing your progress over the next 100!

*Kindergarten Teachers*
University of NSW International Competitions

Each year, the University of NSW hosts the International Competitions for schools in the following subjects.

- Computer Skills – Tuesday 3rd September
- Science – Thursday 5th September
- Writing – Tuesday 10th September
- Spelling – Thursday 12th September
- English – Tuesday 17th September
- Mathematics – Thursday 19th September

Approximately 50 students from Wagga Wagga Public School participate each year in this competition, and we consistently receive commendable results. Certificates of Participation are awarded to all students who take part, as well as offering them the chance to see how they fare against students all over Australasia.

Entry fee for each competition is $14.50 and this year, they are online (Year 3 and 4 Writing Tests are the only paper tests).

If you are interested in having your child participate in one or more of the competitions, please tick the appropriate box(es) below and return to the school along with the correct payment.

The competitions closing date for payment is Friday 16th August.

I would like my child to take part in the following competitions. I have enclosed $______________ to cover the application costs.

- Computer Skills (Open to Years 3-6) □
- Science (Open to Years 2-6) □
- Mathematics (Open to Years 2-6) □
- Writing (Open to Years 2-6) □
- Spelling (Open to Years 3-6) □
- English (Open to Years 2-6) □

Child’s name __________________________________________

Class ________________________________________________

Parent / Guardian signature ______________________________
**THEATRE PERFORMANCE**

On Thursday 1st August we are very fortunate to be able to present to the students of WWPS, *Hansel and Gretel* directed by Mrs Louise Blackett.

Students from our school will make up some of the cast members in this production.

Entry to the performance will be by gold coin donation, which Mrs Blackett has kindly suggested be donated to the school. Money collected will go towards the P&C refurbishment of the school bathrooms.

---

**LIBRARY CHALLENGE**

Attention all WWPS students!

Term 3 Library Challenge

Want to win for your class a hot chip lunch?

It's simple. Just join the Wagga Wagga City Library!

Be the class with the highest percentage of members and you will win a hot chip lunch from Mrs Allen

*"Books are a uniquely portable magic."*

JOIN THE LIBRARY AND DISCOVER THE WORLD OF AWESOME!

---

**RIVERINA SCIENCE FESTIVAL**

**11-17 August 2019**

**FUTURE WORLD**

*The future's so bright you gotta wear shades!*

17 August 10am-4pm

Wagga Wagga Civic Centre

Engage with Dr Rina Fu, Teacher/Scientist, Science, Social Science, Museum, Astronomy,武汉 and Australia.

Be part of the Monument Science Centre or attend one of our many workshops.

BOOKINGS REQUIRED FOR SOME EVENTS

**FREE FESTIVAL EVENTS**

- Animation Nightlights Digital projection
- NISEP Community Science Day
- Kitchen Science Storytime for ages 3-5
- Life on the Love Bus
- Busting the Myth of the Mad Scientist Community Science with Dr Rina Fu

**Pn:** 6926 9700 (wagga.nsw.gov.au/library)
Have you ever wondered what Miss Harvey would look like dressed as a Hotdog?

Well... here is your chance to make that happen!

Dear Parents, Carers, Friends and Family,

It is that time of the year when the teachers are working hard to create The Crow. For our new families, The Crow is the Wagga Wagga Public School magazine (or yearbook). Every child at WWPS is a part of The Crow. It showcases student effort, learning and achievement. We are currently sourcing publication options to provide you with the best value price to purchase this keepsake. The more copies we order, the lower the purchase price will be!!

There is an extra incentive this year. The class who purchases the most copies of The Crow will receive bragging rights and a hotdog lunch prepared and delivered by Miss Harvey in her hotdog costume (If you have more than one child at WWPS and purchase a copy of The Crow, both classes will receive a point towards the winning class total).

Please keep an eye out for correspondence regarding sponsorship opportunities, estimated cost and expression of interest to purchase a copy.

With Thanks, Monique Thorpe
Crow coordinator
Wagga Wagga Public School students had a wonderful time learning about writing and illustrating books from visiting author, Susie Sarah, on Wednesday, week 1. Susie spent the whole day with us, as she told lots of funny stories, helped the children make up silly rhymes, write stories and act out parts of her stories. It was a wonderful opportunity to learn more about writing in a very enjoyable way. Thanks Susie!

Chess Players/Location

Round 10: Friday, 2nd August

WHERE: South Wagga PS (AWAY game)

Players: Oliver
        Daniel
        Pragya
        Lucas

If you cannot make this match, please ask one of our reserve players before Friday.

Parents, please remember that your child needs to be at the match by 4pm or they will forfeit for this round. All games should finish by 4.30pm.
Cool Kids – Taking Control

AN INTERNET DELIVERED PROGRAM FOR CHILDREN EXPERIENCING BULLYING AND ANXIETY (AGES 7-11 YRS)

Cool Kids - Taking Control is an online self-help program that is designed to help children who have been targets of bullying and who also have high levels of anxiety. It is based on the well-known Cool Kids anxiety program developed at Macquarie University in Sydney. The efficacy of Cool Kids - Taking Control in reducing peer victimisation is currently being investigated by a team at Macquarie University.

WHAT IS THE COOL KIDS - TAKING CONTROL PROGRAM ABOUT?

Cool Kids - Taking Control is designed for parents to work through with their child at home.

The program is delivered over the internet and involves eight lessons delivered over ten weeks. It teaches children:
- about bullying and anxiety,
- how to be confident in social situations,
- how to better manage fears,
- helpful ways to act if they are bullied, and
- how to cope with bullying.

Cool Kids – Taking Control includes instructions, examples, and videos for parents and their child. There are lots of practice exercises to help children master the skills.

WHO IS THE COOL KIDS - TAKING CONTROL STUDY DESIGNED FOR?

The Cool Kids - Taking Control program is suitable for your child if:
- he or she is between 7 and 12 years of age
- he or she is being victimised by peers at school AND anxiety is significant affecting your child’s day-to-day life
- he or she is not accessing other psychological treatment (except medication). NOTE: Medication should be stable (same type and dose) before starting and during treatment.
- you and your child are proficient in English

The Cool Kids - Taking Control program is not suitable for your child if he or she is currently experiencing any of the following issues:
- Significant learning delays, developmental or intellectual disorders.
- Autism or related disorders.
- Significant unmanaged behavioural disorder.
- Considered at risk (i.e., due to abuse, neglect, suicidal ideation, self-harm or school refusal).
- Unmanaged psychotic symptoms.

These exclusions are in place to ensure that our treatment program is delivered to children who are most likely to benefit from it and for whom we are best equipped to offer services.
P&C NEWS

P&C Calendar of Events

**Term 3**
03/09/19  P&C Meeting

**Term 4**
22/10/19  P&C Meeting
          AGM
26/11/19  P&C Meeting

---

P&C Weekly News

Facebook Group: Facebook/Wagga Wagga Public School P&C
Email: wwps.pc@gmail.com

---

Tuesday 3 September, 7pm,
Meeting Room 1 (old kids club)
The Commercial Club
All Welcome

---

Canteen News

*Wednesday Special*
Meatballs with Pasta $6.00

If you can spare an hour or two, Silvy would love a hand in the canteen.

Please check to make sure you have the new canteen menu as there has been a slight price rise for Term 3

---

The Uniform Shop
The Uniform Shop will be open on Thursday this week instead of Friday 8.30 to 9.30.

If you have any good quality, unwanted uniform items, the uniform shop will gladly accept them.