



TERM 1 2020 WWPS CANTEEN MENU



Home-made in our canteen by Silvy available MONDAY TO FRIDAY:

- ◆ Vietnamese rice paper rolls (chicken, ham or vegetable) 3 for \$5.00
- ◆ Pizza with ham and cheese ,Bbq chicken \$4.50
- ◆ Summer pasta salad (V) \$5.00
- ◆ Fried rice—vegetable (GF available) \$6.00
- ◆ Fried rice—with chicken or ham (GF avail.) \$6.00
- ◆ Chicken burger with salad \$6.00
- ◆ Beef burger with salad \$6.00



Silvy's hot food specials home-made in our canteen \$6.00 each on WEDNESDAY ONLY:

- ◆ Week 1 & 7 = Meatballs sub
- ◆ Week 2 , 6 & 10 = Sushi (sweet chilli chicken, teriyaki chicken or tuna)
- ◆ Week 3 = Butter chicken with rice
- ◆ Week 4 & 8 = Crumbed chicken strips with aioli
- ◆ Week 5 & 9 = Honey chicken with rice



Other hot food options available MONDAY TO FRIDAY:

- ◆ Sausage roll \$4.00
- ◆ Party pies each \$2.00
- ◆ Cup of baked beans with bread \$3.50
- ◆ Tomato sauce \$0.50



Toasted sandwiches at various prices (GF available):

- ◆ Ham OR cheese \$3.50
- ◆ Ham & cheese OR tomato & cheese \$4.00
- ◆ Ham, cheese & tomato \$4.50
- ◆ Chicken & cheese \$4.50
- ◆ Vegemite & cheese \$3.50



Before school/recess snacks at various prices:

- ◆ Fresh fruit piece (various available) \$1.00
- ◆ Fruit salads with yogurt \$ 1.50
- ◆ Fresh fruit cut (in cup) \$1.00
- ◆ Hummus and vegie sticks \$1.00
- ◆ Custard homemade OR Yoghurt cup \$1.50
- ◆ Scones with jam/2 buttered pikelets \$1.00
- ◆ Melts pizza OR spaghetti \$1.00
- ◆ Scrolls vegemite OR pizza flavor \$1.00
- ◆ Savoury muffin various flavours \$1.50
- ◆ Garlic bread h/made \$1.00
- ◆ Popcorn home made \$1.50
- ◆ Cupcakes/sweet muffins/bliss balls \$1.00
- ◆ Biscuits h/made Anzac OR sultana \$1.00
- ◆ Red Rock chips



Fresh Sandwiches/Bread Rolls/Wraps (please add an extra 30 cents for a bread roll/wrap):

- ◆ Ham only \$3.50
- ◆ Chicken only \$4.00
- ◆ Tuna only \$4.00
- ◆ Salad only \$4.00
- ◆ Meat & Salad \$5.50
- ◆ Cheese only \$3.00
- ◆ Vegemite & Cheese \$3.00
- ◆ Salad bowl no meat \$4.00
- ◆ Salad bowl with meat \$4.50
- ◆ Any extra filling \$1.00



Abbreviation Key:

GF = Gluten free
V = Vegetarian



****If you are free during the school day and are interested in volunteering in the canteen we would love to hear from you. Just speak to Silvy in the Canteen Monday to Friday and let her know your availability. Thanks WWPS Canteen Committee****

Drinks from the Fridge:



- ◆ 99% Just Juice box \$2.50
- ◆ Flavoured milk carton \$2.50
- ◆ Bottled water \$2.00
- ◆ Slushies 99% fruit juice \$2.50

From the Freezer (available lunchtime only):

- ◆ Full Quelch fruit stick \$1.00
- ◆ Low fat Ice Cream Tubs \$2.00
- ◆ Juice cup frozen \$1.00
- ◆ Juicies tubes \$2.00



Other canteen products available for purchase:

* Stickybeaks reusable lunch bag with zip, name label & money pocket \$10.00



Dear Parents and Carers,

Thank you for your continued support of our WWPS Canteen. Our canteen continues to be approved by the **NSW Healthy Canteen Strategy**.

Please find overleaf our Term 1 Summer menu for the WWPS canteen - our canteen will continue to be staffed by Silvy Lewis, assisted by her team of volunteers. Our canteen is not a profit making enterprise, we price our food to enable us to operate the canteen to cover our costs only. With this in mind, volunteers are a key part of our existence and allow us to operate 5 days a week with a broad menu selection. Please come and help out in the canteen if you can - a few hours can make the world of difference on a busy day.

Our Summer menu is slightly different to our Winter menu - there are a few less Hot Food options, and these are replaced by a couple of salad options. Silvy has developed a delicious new Summer Pasta Salad and Vietnamese rice paper rolls for this term - it is a great addition to our menu.

The other exciting change is that Silvy is now making the pizza in the canteen - this is a much more nutritious and delicious pizza that we are sure your children will love. It is also cheaper than the previous pizza we were supplying!

A reminder that any parent/carer wishing to order several days lunches at a time or have funds in credit with the canteen is able to do so by speaking with Silvy and paying cash in advance, no credit facility is available to students.

We appreciate and welcome your feedback so if you have some suggestions or ideas, please speak with Silvy or email us on wwps.pc.canteen@gmail.com

If you wish to make a complaint regarding our canteen service or food products, please be mindful that there is an appropriate procedure to follow, in order to avoid causing unnecessary concern or offence. Please email any complaints to wwps.pc.canteen@gmail.com, speak directly with the P&C President, or use the "Feedback Box" on the canteen bench.

We hope you all enjoy the Xmas holiday and we look forward to seeing you in the canteen.

WWPS P&C Canteen Committee